

OSLO ROKRETS ÅTTER GRAND PRIX 2024 - RUNDE 3

FIRER STAFETT 8 000 m (4 x 2 000 m)

1	H	50+	28:31,1	Bærum	Jan Weizenboeck (66) / Erik Godøy (60) / Daniel Søbak (93) / Peter Draleke (66)
2	H	50+	29:06,1	Christiania	Espen Riktor (61) / Thomas Berger (64) / Stephan Eide (69) / Michael Geyer (78)
3	Mix	30+	29:09,7	Skullerud	Ragnhild Meisfjord (72) / Francisco Barrera (82) / Peter Cabada (87) / Per Atle Steinsland (71)
4	Mix	50+	30:37,9	Skullerud	Kent Petterson (65) / Roy Midtsjø (61) / Elisabeth Sørli (77) / Espen Simonsen (72)
5	H	50+	31:54,0	Bærum	Arnliot Skogvang (53) / Kjell Fotland (50) / Tore Gulli (54) / Arne Svensøy (53)
6	MIX	50+	37:09,6	Christiania	Elisabeth Danielsen (75) / Stein Mørk (44) / Toril Sundsdal (90) / Kjersti Elvestad (58)
7	D	50+	37:53,1	Christiania	Toril Sundsdal (90) / Elisabeth Bjone (70) / Ragnhild Bruusgaard (61) / Grete Stokke (51)
8	Mix	70+	38:03,0	NSR	Helge Gaden (44) / Marlys Eriksen (51) / Ulf Kristiansen (46) / Sidsel Setterblom (47)
9	Mix	70+	42:20,0	NSR	Lars Bruusgaard (46) / Anne Heimdal (58) / Astrid K Jensen (42) / Carl Bonnevie (41)
10	Mix	70+	44:20,0	NSR	Lars Bruusgaard (46) / Amelie Fougner (45) / Marit Wergeland (48) / Elise Lium (49)
11	Mix	70+	45:38,0	NSR	Lisbeth Akselsen (51) / Ida Simonsen (54) / Tor Winsnes (46) / Carl Bonnevie (41)
12	Mix	70+	48:20,0	NSR	Anne-M Hadenius (33) / Ove Mæhlum (39) / Liv Dannevig (49) / Lizzie Bernhoft (34)

TOER STAFETT 4 000 m (2 x 2 000 m)

1	Mix	50+	13:57,6	Skullerud	Lillian Dramsdal (73) / Ole Kristian Karlsen (64)
2	H	50+	14:09,5	Christiania	Michael Geyer (78) / Espen Riktor (61)
3	H	50+	15:25,0	NSR	Bjørn Saga (52) / Eduardo Reis (83)
4	H	70+	15:45,3	Christiania	Jahn Rønne (46) / Iver Høy (50)
5	H	70+	15:56,2	Christiania	Jahn Rønne (46) / Øyvind Brøymer (48)
6	H	70+	16:20,2	Christiania	Tom Ellingsen (51) / Sverre Bjertnes (52)
7	H	70+	16:23,3	Christiania	Jahn Rønne (46) / Terje Graver (49)
8	H	70+	16:27,2	Christiania	Knud Boye (51) / Gerhard Dürbeck (45)
9	H	70+	16:46,2	Christiania	Jahn Rønne (46) / Gerhard Dürbeck (45)
10	H	70+	16:55,5	Christiania	Øyvind Brøymer (48) / Tore Lysdahl (47)
11	Mix	50+	17:20,0	NSR	Trond Amundsen (68) / Brita Børve (54)
12	H	70+	17:59,9	Christiania	Torstein Rekkedahl (44) / Morten Flood (48)
13	H	70+	18:30,4	Christiania	Stein Mørk (44) / Olav Nygaard (47)
14	H	70+	18:47,1	Christiania	Lars Kavli (52) / Tore Lysdahl (47)
15	Mix	70+	20:20,0	NSR	Bjørn Gilbo (45) / Reidunn Caspersen (42)

FIRER 20 000 m (5 000 m/roer)

1	H	U19	70:47,1	Bærum	Mikey Aasgaard (07) / Ask Bergmann (06) / Sander Stundal de Vos (06) / Wilmar Graver (06)
2	H	U23	71:11,0	Bærum	Einar Wasbrekke (06) / Ferdinand Tenden (05) / Christian Riis (05) / Eskil Steinmoen (05)
3	H	U19	71:31,9	Christiania	Mads Reite (06) / Henrik Høek (07) / William Bakken (07) / Benjamin Hagen (07)
4	H	U23	72:03,1	Christiania	Isak Bryhni (05) / Jostein Thon (04) / Emil B. Johansen (05) / Alexander Skaare (04)

TOER 10 000 m (5 000 m/roer)

1	H	Senior	36:33,6	Ormsund	Audun Grepperud (96) / Emil Skjelstad (94)
2	H	U23	37:26,0	NSR	Ole Arnøy (05) / Martin Anker (07)

3	H	U19	37:40,0	NSR	Mads Hoel (07) / Jasper Viksås (07)
4	H	U17	40:04,0	NSR	Ferdinand Pettersen (08) / Gustavo Baquero (08)
5	H	U17	41:14,0	NSR	Christopher Jahnsen (08) / Joachim Henne Madsen (08)
6	H	U19	41:37,2	Bærum	Steffen Stundal de Vos (09) / Nicolai Hoset (06)
7	D	Senior	41:54,5	Ormsund	Hanna Bjørsrud (97) / Ingrid Johnsen (97)
8	D	U19	42:15,0	Bærum	Elena Bergene Seres (06) / Cornelia Riis (08)
9	H	U17	42:46,0	NSR	Dorin Brunson (08) / Max Spydevold (09)
10	D	U23	43:39,0	NSR	Silje Jære Strøm (05) / Elizabeth Nicolaisen (05)
11	D	U17	44:24,0	NSR	Synne Marie Fjellheim (08) / Martine Næss (08)
12	H	U17	45:12,0	NSR	Jesper Strøm (09) / Philip Lium (09)
13	Mix	U17	46:12,0	NSR	Halvor Bejer Moe (09) / Cecilia Hjortsjø (08)

FIRER 16 min (4 min/roer)

1	H	U15	3 939 m	Bærum	Nickan Sohrabi (10) / Felix Turander (10) / Peder Preststulen (11) / Jesper Rasmussen-Hirshfeld (10)
2	H	U15	3 296 m	Ormsund	Storm Skramstad (11) / Caspian Mehdinia (11) / Emil Kjeseth (11) / Wilhelm Braathen (10)

TOER 8 min (4 min/roer)

1	Mix	U15	1 750 m	Bærum	Elias Dias Andersen (10) / Ida Bjonge (11)
2	Mix	U13	1 395 m	Bærum	Anna Frøseth (12) / Edwyn Mjørud (12)